



**Project HE:RO
Southwark Primary School
Impact Report**





How Project HE:RO helped Southwark School



Health Mentors



Days of support per week



Days of support per year



Health Mentor attendance average



Number of after school clubs



After school club pupil attendance average

Emotional wellbeing is a better predictor of success than demographics, how much your family makes or grades.

Gutman and Vorhaus
"The Impact of Pupil Behaviour and Wellbeing on Educational Outcomes"
Department for Education, 2012



Objectives



Project HE:RO objectives at this school are as follows:



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- To work with targeted children in Year 4, 5 and 6 on improving behaviour during lunchtimes through organised activities.
- To support targeted children with writing in Year 5 class Tuesday to Friday in school to make sure children are focused and on task.
- To work with 10 pupils to deliver one to one mentoring sessions focusing on motivation and behaviour in the afternoons each week.





Mentoring (13%)



Physical Education (0%)



After School Club (19%)



Breakfast Club (10%)



Classroom Coaching (39%)



Lunchtime Playground Animation (19%)



Strategy



No two days are alike for a Health Mentor. They spend their time running Breakfast Clubs, mentoring, coordinating lunchtime play, classroom coaching, organising PE classes, and developing rapport with pupils in order to maximise their potential.

The way that Health Mentors are used will vary from school to school, depending on the priorities of each headteacher and the needs of their pupils. This is how Health Mentors used their time in this instance:



Outcomes Achieved



Whilst working with Year's 4, 5 and 6, out of 11 pupils and 5 activities over the week, the amount of negative incidents were reduced by 41% from the first Autumn term to the second. Out of 10 pupils and 5 activities over the week, the amount of negative incidents were reduced by 12% from the second Autumn term to the first Spring term.

Out of 5 focused children in Year 5 60% have made significant progress into achieving their desired target. 40% improved by at least half a sub level and 20% improved by a complete sub level from September through to December.

out of the 10 pupils worked with, 27% of learners have improved their attitude through less card cautions from the first Autumn term to the second. By the second Spring term, this figure increased to 45%.



Testimonials

"I really enjoy my role at the school, I feel part of the team here and really enjoy seeing the impact I am having on the pupils I work with. The classroom support I now offer makes me feel valuable to those pupils and the mentoring given has been reflected in the pupils behaviour".

Stuart King, Health Mentor





Next year



For the academic year 2015/15, we plan to continue to develop the partnership on how best Health Mentors can be used across the trust.



About Evolve



Evolve is a social impact company that develops grassroots, upstream programmes to provide additional care, emotional support and engagement to the pupils that need it most.

We use versatile, specialised staff called Health Mentors to help support pupils' learning in schools across the country. Health Mentors use one to one

mentoring and take the time to develop meaningful relationships with individual pupils in order to inspire and engage children.

Evolve also offer: XLR8, a transition programme during school holidays and School Vitality Initiative, a one-day creative event that engages children and upskills staff.

About Project HE:RO



Project HE:RO is a programme designed by Evolve to address the key issues that primary school pupils, particularly in inner city schools, face. HE:RO supports pupils, teachers, parents and school staff by providing

highly trained Health Mentors that address physical, social and emotional wellbeing issues to get pupils in the right frame of mind for learning.



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